

# Will Run for Cannoli 5K Family Fun Run/Walk

July 13, 2019

8 A.M. - Lions Park

Presented by: Mia Maria Lodge of the Order Sons and Daughters of Italy in America

[www.soiacheyenne.org](http://www.soiacheyenne.org)

A fun 5K course with cannoli at the end for each participant, age group awards, and the chance to win some great raffle prizes.

**PACKET PICK UP: 7-7:45 A.M. – Shelter near Beach House at Lions Park**

PLEASE COMPLETE THE FOLLOWING APPLICATION AND MAIL IT WITH YOUR CHECK PAYABLE TO: Mia Maria

FIRST NAME \_\_\_\_\_ LAST NAME \_\_\_\_\_  
STREET ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ PHONE # \_\_\_\_\_  
STATE \_\_\_\_\_ Zip \_\_\_\_\_  
E-MAIL \_\_\_\_\_  
DATE OF BIRTH mm/dd/yy \_\_\_\_/\_\_\_\_/\_\_\_\_

SEX (CIRCLE ONE) M F  
REGISTRATION TYPE: ADULT CHILD (under 18) FAMILY\* (see other side)  
\*\*Strollers are welcome and children in strollers do not need to register unless you want them to receive a shirt and be eligible for raffles. Children who ride in strollers or on bicycles/scooters/etc. are not eligible for age division awards.

SHIRT SIZE (CIRCLE ONE) YS YM YL S M L XL XXL (add \$1.50)  
NON REFUNDABLE ENTRY FEES (\$5 Discount for NO SWAG-don't worry, you still get cannoli):  
Entries received on or before July 6 - \$20.00/Adult \$15.00/Child \$60.00/Family  
Race day entry - \$25.00/Adult \$20.00/Child \$70.00/Family

\*\*\*PLEASE NOTE\*\*\* SHIRT NOT GUARANTEED ON RACE DAY FOR ENTRIES RECEIVED AFTER JULY 1ST  
T-SHIRT DELIVERY LATE JULY IF UNAVAILABLE AT EVENT

## PLEASE READ AND SIGN THE PARTICIPATION WAIVER BELOW

I know that running a race is a potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Mia Maria, the City of Cheyenne, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature (parent or guardian required if under 18) \_\_\_\_\_

Date \_\_\_\_\_

Questions? Call Jenny at (307) 630-3874 or e-mail [willrunforcannoli@gmail.com](mailto:willrunforcannoli@gmail.com) Drop forms off at Foot of the Rockies or mail to Mia Maria at PO Box 4140, Cheyenne, WY 82003

**\*Family entries are limited to immediate family members and can include up to two adults with no limit to the number of children in the family. The family registration includes four T-shirts. Additional shirts can be purchased for \$10.00 each.**

Additional Family Members

Name \_\_\_\_\_ Birthdate \_\_\_\_\_

Sex M/F Shirt Included (size) \_\_\_\_\_

Waiver Acknowledgment

Signature (parent or guardian required if under 18) \_\_\_\_\_

Date \_\_\_\_\_

Name \_\_\_\_\_ Birthdate \_\_\_\_\_

Sex M/F Shirt Included (size) \_\_\_\_\_

Waiver Acknowledgment

Signature (parent or guardian required if under 18) \_\_\_\_\_

Date \_\_\_\_\_

Name \_\_\_\_\_ Birthdate \_\_\_\_\_

Sex M/F Shirt Included (size) \_\_\_\_\_

Waiver Acknowledgment

Signature (parent or guardian required if under 18) \_\_\_\_\_

Date \_\_\_\_\_

Name \_\_\_\_\_ Birthdate \_\_\_\_\_

Sex M/F Additional Shirt Y/N Shirt size if applicable \_\_\_\_\_

Waiver Acknowledgment

Signature (parent or guardian required if under 18) \_\_\_\_\_

Date \_\_\_\_\_

Name \_\_\_\_\_ Birthdate \_\_\_\_\_

Sex M/F Additional Shirt Y/N Shirt size if applicable \_\_\_\_\_

Waiver Acknowledgment

Signature (parent or guardian required if under 18) \_\_\_\_\_

Date \_\_\_\_\_

**Use additional entry forms if necessary**

**For all other race details including the course map, please visit the Mia Maria website.**

[www.soiacheyenne.org](http://www.soiacheyenne.org)